WHAT IS CLAIMED IS:

 A protein supplemented food product formed by a process comprising cooking a premix to form a cooked dough;

wherein the premix includes a starch-containing material and a modified oilseed material; and the modified oilseed material includes at least about 85 wt.% (dsb) protein; at least about 40 wt.% of the protein has an apparent molecular weight of greater than 300 kDa; and at least about 40 wt.% of the protein in a 50 mg sample of the modified oilseed material is soluble in 1.0 mL water at 25° C.

- 2. The food product of claim 1 wherein the premix includes at least about 20 wt.% (dsb) protein and at least about 10 wt.% (dsb) carbohydrate.
- 3. The food product of claim 2 wherein the premix includes about 40 to 70 wt.% (dsb) protein and at least about 20 wt.% (dsb) carbohydrate.
- 4. The food product of claim 1 wherein the modified oilseed material is a soy protein isolate; and the premix includes at least about 20 wt.% of the soy protein and at least about 10 wt.% of the starch—containing material.
- 5. The food product of claim 4 wherein the modified oilseed material is a soy protein isolate; and the premix includes about 40 to 70 wt.% of the soy protein isolate and about 20 to 60 wt.% of the starch—containing material.
- 6. The food product of claim 1 wherein the starch-containing material is derived from rice, corn, soybeans, sunflower, canola, wheat, oats, rye, potato, cassava or a mixture thereof.

- 7. The food product of claim 1 wherein the starch-containing material includes rice flour, wheat flour, rye flour, soy flour, soy meal, oat flour, oat meal, corn starch, corn meal, potato flour, potato starch, tapioca flour, tapioca starch, or a mixture thereof.
- 8. The food product of claim 1 wherein the starch-containing material includes farinaceous material which includes wheat flour, rye flour, oat flour, oat meal or a mixture thereof.
- 9. The food product of claim 1 wherein the starch-containing material includes a plant-by-product meal.
- 10. The food product of claim 1 wherein the cooked dough has a density of about 75 to 175 g/L; at least about 20 wt.% (dsb) protein and a moisture content of about 3 to 6 wt.% .
- 11. The food product of claim 1 wherein the starch-containing material includes a farinaceous material.
- 12. The food product of claim 1 wherein the cooked dough has a density of about 50 to 200 g/L and a moisture content of about 2 to 8 wt.%.
- 13. The food product of claim 1 wherein a 13.5% aqueous solution of the modified oilseed material forms a gel having a breaking strength of no more than about 25g.
- 14. The food product of claim 1 wherein the modified oilseed material includes at least about 1.4 wt.% cysteine as a percentage of total protein.

- 15. The food product of claim 1 wherein the modified oilseed material has a ratio of sodium ions to a total amount of sodium, calcium and potassium ions of no more than about 0.5.
- 16. The food product of claim 1 wherein the modified oilseed material includes no more than about 7000 mg/kg (dsb) sodium ions.
- 17. The food product of claim 1 wherein the modified oilseed material has a viscosity slope of at least about 20 cP/min.
- 18. The food product of claim 1 wherein the modified oilseed material has a melting temperature of at least about 87°C and a bacteria load of no more than about 50,000 cfu/g.
- 19. The food product of claim 1 wherein the modified oilseed material has an MW50 of at least about 400 kDa.
- 20. The food product of claim 1 wherein the modified oilseed material has a dry Gardner L value of at least about 85.
- 21. The food product of claim 1 wherein the modified oilseed material has an EOR of no more than about 0.75 mL.
- 22. The food product of claim 1 wherein the modified oilseed material comprises modified soybean material including at least about 90 wt.% (dsb) protein.
- 23. The food product of claim 1 wherein the modified oilseed material has a substantially bland taste.
- 24. The food product of claim 1 wherein the modified oilseed material is a soy protein isolate; and the premix includes about 40 to 75 wt.% of the soy protein isolate.

- 25. The food product of claim 24 wherein the starch-containing material includes rice flour; and the premix includes about 20 to 60 wt.% rice flour.
- 26. The food product of claim 1 wherein the modified oilseed material has a flavor component content including no more than about 500 ppb benzaldehyde; no more than about 2500 ppb 2-pentyl furan; no more than about 600 ppb 2-heptanone; and no more than about 250 ppb E,E-2,4-decadienal.
- 27. A method of forming a protein supplemented food product comprising:

cooking a premix to form a cooked dough;

wherein the premix includes a starch-containing material and a modified oilseed material; and the modified oilseed material includes at least about 85 wt.% (dsb) protein; at least about 40 wt.% of the protein has an apparent molecular weight of greater than 300 kDa; and at least about 40 wt.% of the protein in a 50 mg sample of the modified oilseed material is soluble in 1.0 mL water at 25° C.

- 28. The method of claim 27 wherein cooking the premix comprises extruding the premix through a heated extruder barrel.
- 29. The method of claim 28 wherein the heated extruder barrel is at a temperature of about 75 to 95°C.
- 30. The method of claim 27 further comprising drying the cooked dough.
- 31. The method of claim 27 further comprising forming the cooked dough into shaped pieces.

- 32. The method of claim 31 further comprising drying the shaped pieces to a moisture content of about 2 to 8 wt.%.
- 33. A method for forming a protein supplemented food product comprising:

extracting oilseed material with an aqueous solution to form a suspension of particulate matter in an oilseed extract;

passing the extract through a filtration system including a microporous membrane to produce a permeate and a protein-enriched retentate, wherein the microporous membrane has a filtering surface with a contact angle of no more than 30 degrees;

drying the protein-enriched retentate to provide a dried retentate;

blending the dried retentate with a starch-containing material to form a premix; and

cooking the premix to form a cooked dough.

- 34. A food composition comprising cooked dough; wherein the cooked dough is formed by a process which comprises cooking a premix which includes a modified oilseed material and a starch-containing material to form a cooked; and the modified oilseed material comprises at least 85 wt.% protein on a dry solids basis; at least about 40 wt.% of the protein has an apparent molecular weight of at least 300 kDa; and at least 40 wt.% of the protein in a 50 mg sample of the modified oilseed material is soluble in 1.0 mL water at 25°C.
- 35. The food composition of claim 34 wherein said food composition is a ready-to-eat cereal, a snack food or a frozen dessert composition.

- 36. The food composition of claim 34 wherein said food composition is a confectionery composition.
- 37. The food composition of claim 34 comprising pieces of the cooked dough.
- 38. The food composition of claim 37 wherein the cooked dough pieces have a density of about 50 to 200 g/L and include at least about 20 wt.% (dsb) protein.
- 39. The food composition of claim 34 wherein the premix further comprises bran material.
- 40. The food composition of claim 34 wherein the premix further comprises sweetener.
- 41. The food composition of claim 34 wherein the modified oilseed material has a flavor component content which includes no more than about 500 ppb benzaldehyde; no more than about 600 ppb 2-heptanone; and no more than about 250 ppb E,E-2,4-decadienal.
- 42. The food composition of claim 34 wherein the premix further comprises one or more ingredients selected from the group consisting of vitamins, minerals, salt, flavors, flavor enhancers.